



# Pou Whakaaro

## Mission Statement:

A pillar of strength supporting communities to provide choices and opportunities for all people.

- \*Community Participation – assisting people to form and maintain a variety of relationships and connections in their community.
- \*Social Inclusion – people are equal citizens valued for their contribution in their communities.

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Our Strategic direction

Become a skills exchange for  
the whole community



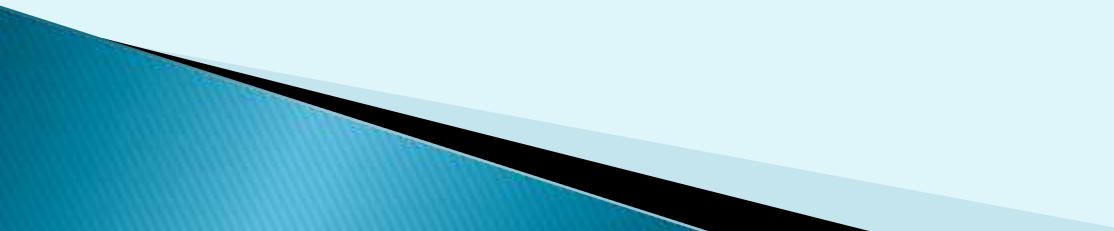
# Why a Timebank

- Research shows real benefits
- **Builds Trust**
- **Fosters Community Development**



- ↙ 2008 Funding set aside to establish Timebank
- ↙ January 2009 Project Manager support establishment
- ↙ February 2009 Reference group formed to support launch
- ↙ April appointment of Co-ordinator
- ↙ June 13 2009 Launch- 60 members
- ↙ April 2010 160 Members
- ↙ Over 500 hours traded

# What worked?

- ▶ Engaging with a wide cross section of the community through reference group and presentations
  - ▶ Gaining media support
  - ▶ A Public launch where we show cased some of the ways Timebanking can work
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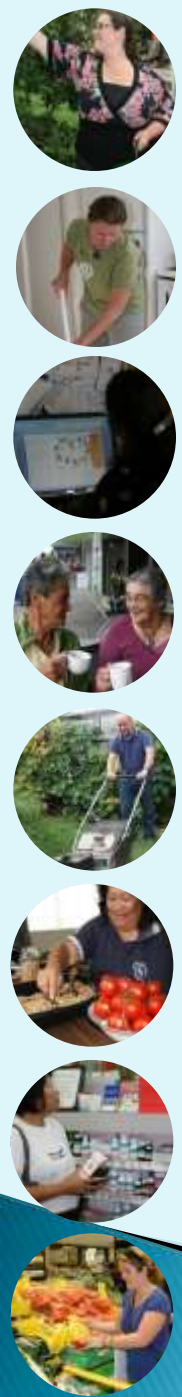
# Opportunities

- ▶ Increase the trading
- ▶ Research the benefits to our community
- ▶ Build other relationships
- ▶ Secure funding
- ▶ Utilise Timebank intentionally

# How does it work?



Eastbay TimeBank



### Transportation

- [Errands / Shopping](#)
- [Local](#)
- [Long Distance](#)
- [Medical](#)
- [Train / Bus / Airport](#)
- [Worship](#)
- [Miscellaneous](#)
- [All](#)



### Help At Home

- [Child Care](#)
- [Cooking & Sewing](#)
- [Hair & Beauty](#)
- [Housekeeping / Chores](#)
- [Pet Care](#)
- [Respite Care](#)
- [Miscellaneous](#)
- [All](#)



### Companionship

- [Clubs](#)
- [Dining Out](#)
- [E-mail / IM](#)
- [Home Visits](#)
- [Medical Errands](#)
- [Telephone Calls](#)
- [Miscellaneous](#)
- [All](#)



### Community Activities

- [Clean-up / Recycling](#)
- [Community Service](#)
- [Fund-raising](#)
- [Help Our TimeBank!](#)
- [Special Projects](#)
- [Work For Social Change](#)
- [Miscellaneous](#)
- [All](#)



### Wellness

- [Complementary Therapies](#)
- [Counseling](#)
- [Diet & Nutrition](#)
- [Fitness & Exercise](#)
- [Medical Services](#)
- [Yoga / Meditation](#)
- [Miscellaneous](#)
- [All](#)



### Recreation

- [Books & Videos](#)
- [Dancing](#)
- [Events](#)
- [Games](#)
- [Sports](#)
- [Travel](#)
- [Miscellaneous](#)
- [All](#)



### Education

- [Advocacy](#)
- [Classes / Workshops](#)
- [Computers / Technology](#)
- [Languages / Translation](#)
- [Personal Finances](#)
- [Tutoring / Mentoring](#)
- [Miscellaneous](#)
- [All](#)



### Arts, Crafts & Music

- [Classes](#)
- [Crafts](#)
- [Entertainment](#)
- [Lessons](#)
- [Photo & Video](#)
- [Theater](#)
- [Miscellaneous](#)
- [All](#)



### Misc. (Not Above)

- [Freecycling](#)
- [For Sale](#)
- [Wanted](#)
- [All Other Services](#)



### Business Services

- [Clerical](#)
- [Computer Support](#)
- [Financial](#)
- [Legal](#)
- [Marketing](#)
- [Research](#)
- [Miscellaneous](#)
- [All](#)



### Home Repair

- [Car Care](#)
- [Carpentry /Construction](#)
- [Electrical](#)
- [Garden & Yard Work](#)
- [Painting](#)
- [Plumbing](#)
- [Miscellaneous](#)
- [All](#)

**Some ideas!**

Eastbay TimeBank

